## Plains Midstream is sponsoring a FREE SUBWAY Lunch on Thursday June 19<sup>th</sup> for students and staff.

Lunch will include a <u>6" sub, juice box/water and a cookie</u>. If this is not enough for your child please send extra from home. Mark your choices below.

## No other food choices will be available for this SUBWAY lunch.

	<u>l oppings</u>
Choose 1	Circle Cheese Orange White Shredded
	Lettuce
White (Italian) Bread	Spinach
Whole Wheat Bread	Tomatoes
Gluten Free White Bread	Cucumbers
Wrap	Onions
Flatbread	Green Peppers
	Pickles
Choose 1	Black Olives
	Banana Peppers
X 6 Inch Sub	Jalapeno Peppers
	Salt
Choose 1 (Also for Salad)	Pepper
BLT	
Cold Cut Trio	Sauces (Sauces on the side is not available)
Pizza sub	Marinara (Pizza Sauce)
Salami	Regular Mayo
Spicy Italian	Sub Sauce
Italian BMT	Mustard
Ham	Honey Mustard
Tuna	Sweet Onion Teriyaki
Turkey Breast	BBQ Sauce
Turkey Breast and Ham	Chipotle Southwest
	Ranch
	Siracha Sauce (Hot)
	Hot Sauce
Apple Juice	Ketchup
Orange Juice	
Bottled Water	<b>†</b> PLAINS
	I FLAINS
NAME	MIDSTREAM
GRADE	C A N A D A

\*Forms MUST be returned by FRIDAY JUNE 13th \*NO LATE FORMS PLEASE! \*

## THANK YOU

PLAINS MIDSTREAM for your donation towards our SUBWAY Lunch.